



do
mental health services
drive you nuts?

Have your voice heard...For a change!

**If you or someone you care about
has used mental health services
and would like to see improvements**

Join NSUE now.

National Service Users Executive



New Initiative for Service Users their Friends & Families

One Key Recommendation of "A Vision for Change", is that a **National Service User Executive (NSUE)** should be established to inform the National Mental Health Service Directorate and the Mental Health Commission on issues relating to user involvement and participation in: "Planning, delivering, monitoring and evaluating services including models of best practice and to develop and implement best practice guidelines"

We cannot hope to influence change without help from those who actually use, have used or come into contact with mental health services in their daily lives. We need people who really know what their local service is like to join in and tell us what they think needs to improve.

We would like to hear about good experiences too, so that we can start to get good changes accepted. We also need people who are willing to become involved themselves, put their own views, and become active representatives for NSUE, so that real experiences will direct the changes that we want to see.

The NSUE will hold elections for representatives to the National Executive board. Those elected to the Executive will serve an initial three year term, after which they may again stand for re-election.

Those elected will represent the interests of service users, their families and friends in their region, while feeding into the National Executive to develop and support change in mental health services throughout the country from an inclusive perspective.

John Redican
National Executive Officer



Have YOUR voice heard... For a change!

Please cut along the perforated edge of the form

Name:
PLEASE USE BLOCK LETTERS

Address:

Landline No:

Mobile No:

Email address:

I wish to enroll as a voting member of the National Service User Executive [NSUE]

Signed:

Panel A: User of mental health services

Panel B: Friend / Family Member.



Mission Statement

Vision for Change, the report of the Expert Group on Mental Health Policy, has advocated the setting up of a National Service Users Executive with the following mandate:

To inform the National Health Service Directorate and the Mental Health Commission on issues relating to user involvement and participation in:

- planning,
- delivering,
- evaluating and
- monitoring services
- and including models of best practice.

To develop and implement best practice guidelines between the user and provider interface including capacity development issues.

“ The vote is the most powerful instrument ever devised by man for breaking down injustice and destroying the terrible walls which imprison men because they are different from other men ”

Lyndon B. Johnson.

Guiding principles of NSUE

The complete principles of NSUE can be found on www.nsue.ie

A Summary

- 1 The fundamental principle underlying this strategic plan is that service users and their families are central to mental health service provision. All agencies and organisations that provide mental health services should therefore work in partnership with service users and their family members/friends.
- 2 **All engaged in this process must at all times be treated with dignity, respect and as equals.**
- 3 It is essential for all stakeholders to know and to understand the service user perspective. Service users and family members/friends should be represented and involved at all levels of service planning, delivery, monitoring and evaluation locally, regionally and nationally, including involvement in the allocation of resources.
- 4 Service user involvement must be meaningful and collaborative, with service users and family members/friends having an equal opportunity to share and participate in decision making in relation to service provision. This will require active participation on decision making bodies.
- 5 Service users have a unique insight and expertise to contribute to the development of quality mental health services and also to the development of measures which promote positive mental well-being. This comes from their personal experience of psychological/ emotional distress and recovery and as recipients of services.

Contact Details

National Service Users Executive

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Administration: 085 1212386
Website: www.nsue.ie

Please return completed application form to the above address.

The collection of names and addresses for voters is necessary in order that elections to the NSUE can be transparent and accountable and this information will only be used for the purpose of the NSUE elections and its membership list.

NSUE takes its legal obligations in relation to the Data Protection and the Freedom of Information Acts seriously and will not give third parties any information disclosed in this registration form without your expressed consent.

